

2 Talks by Rev. Zuiko Redding

TOTAL FUNCTIONING:

Zen Master Dogen and the Reality of Our Life

Some thoughts about Dogen's ideas on the nature of reality and their reflection in recent scientific discoveries.

SATURDAY, OCTOBER 13, 2018

SHINZO ZEN MEDITATION CENTER

1610 Olive Street

Downtown St. Louis 63103

Regular Saturday Service begins at 11:00 a.m.

Dharma talk at 11:30, followed by a discussion and vegetarian lunch.

www.shinzozm.org

THE THREE COLLECTIVE PRECEPTS AND HOW WE LIVE THEM

A discussion of Dogen's essay called the *Kyojukaimon* will examine how his teachings add richness and direction to the way we live our lives.

SUNDAY, OCTOBER 14, 2018

CONFLUENCE ZEN CENTER STL

3544 Oxford Ave

Maplewood, MO 63143

Regular Sunday morning schedule begins with zazen at 9:00 a.m.

Dharma talk at 10:30, followed by discussion and light refreshments.

www.confluencezen.org



REV. ZUIKO REDDING is the resident teacher at Cedar Rapids Zen Center —*Jikyōji*. She began practicing Zen Buddhism as a university student in Houston in the early 1960s. She completed a Ph.D. in sociology at the University of Wisconsin-Madison in the early seventies.

In 1992, after a career as a professor, she received novice ordination from Rev. Tsugen Narasaki at Zuiōji monastery in Japan. She trained under his direction, receiving final ordination in 1996. She returned to the United States in 1997.

In addition to being the pastor at Cedar Rapids Zen Center, Zuiko is active in the building of a national training monastery for clergy and she edits translations for the Japanese Soto Zen website. In her spare time she hikes, reads and hangs out with her two cats.

Cedar Rapids Zen Center was founded in April, 2000, and has about fifty members from around the area. It offers a regular schedule of zazen (meditation), dharma teaching and retreats.

Learn more at www.CedarRapidsZenCenter.org.